

2018 Preventive Health and Clinical Practice Guidelines

Heritage Provider Network




On a biennial basis, Heritage Provider Network reviews and adopts evidence-based Clinical Practice and Preventive Health Guidelines promulgated from peer reviewed sources for diseases and health conditions identified as most salient to Heritage Provider Network members. Clinical Practice Guidelines are used in the provision of preventive, acute, chronic medical and behavioral health services to improve the delivery of health care services to members. The most current list of Clinical Practice and Preventive Health Guidelines adopted by Heritage Provider Network are available for download from the links provided below.

- Visit the Agency for Healthcare Research and Quality at: www.ahrq.gov
- Visit The U.S Preventive Services Task Force at: www.uspreventiveservicestaskforce.org
- Visit The American Heart Association (AHA) at: <https://www.heart.org/>
- Visit The American Psychiatric Association (APA) at: <https://www.apa.org/>
- Visit The Centers for Disease Control (CDC) at: <https://www.cdc.gov/>
- Visit The American Academy of Pediatrics (AAP) at: <https://www.aap.org/en-us/Pages/Default.aspx>
- Visit The American Academy of Child & Adolescent Psychiatry (AACAP) at: <https://www.aacap.org/>
- Visit The American Association of Clinical Endocrinologist (AACE) at: <https://www.aace.com/>
- Visit The Infectious Diseases Society of America (IDSA) at: <https://www.idsociety.org/>
- Visit The American Thoracic Society (ATS) at: <http://www.thoracic.org/>
- Visit The American Academy of Family Practitioners (AAFP) at: <https://www.aafp.org/home.html>
- Visit The American Society of Addiction (ASAM) at: <https://www.asam.org/>
- Visit The American College of Cardiology at: <https://www.acc.org/>
- Visit The Department of Health Care Services at: <https://www.dhcs.ca.gov>
- Visit The National Kidney Foundation at: <https://www.kidney.org/>
- Visit The American College of Obstetricians and Gynecologists at: <https://www.acog.org/>
- Visit Global Initiative for Chronic Obstructive Lung Disease at: <https://goldcopd.org/>
- Visit The National Institute for Health and Care Excellence at: <https://www.nice.org.uk/>

Preventive Health Guidelines

Ages 0-18 Years	Date Adopted by QIC: 11/6/18	Re-Review Date: 11/6/20	Current Review Date:
	<p>Immunization Schedule</p> <ul style="list-style-type: none"> Recommended Immunization Schedule for Persons Aged 0 Through 18 years. United States – 2017. CDC (2017). https://www.cdc.gov/vaccines/schedules/downloads/child/0-18yrs-child-combined-schedule.pdf <p>Recommended Preventative Pediatric Health Care – American Academy of Pediatrics (AAP)</p> <ul style="list-style-type: none"> Recommendations for Preventive Pediatric Health Care. Bright Futures /American Academy of Pediatrics (AAP) (2017). https://www.aap.org/en-us/Documents/periodicity_schedule.pdf 		
Ages 19 and Older	Date Adopted by QIC: 11/6/18	Re-Review Date: 11/6/20	Current Review Date:
	<p>Immunization Schedule</p> <ul style="list-style-type: none"> Recommended Immunization Schedule for Adults Aged 19 Years or Older. United States – 2018. CDC (2018) https://www.cdc.gov/vaccines/schedules/hcp/adult.html <p>2017 Recommended Preventative Clinical Health Care - U.S. Preventive Services Task Force (USPTF)</p> <ul style="list-style-type: none"> Recommendations for Primary Care Practice – <i>Publish Dates Vary</i> https://www.aafp.org/dam/AAFP/documents/patient_care/clinical_recommendations/cps-recommendations.pdf 		

Clinical Practice Guidelines

Behavioral Health	Date Adopted by QIC: 11/6/18	Re-Review Date: 11/6/20	Current Review Date:
	<p>Substance Abuse</p> <ul style="list-style-type: none"> The National Practice Guideline for the Use of Medications in the Treatment of Addiction Involving Opioid Use. American Society of Addiction Medicine (2015). https://www.asam.org/resources/guidelines-and-consensus-documents/ngp Guideline Watch (April 2007): APA Practice Guideline for the Treatment of Patients with Substance Use Disorders, 2nd Edition. https://psychiatryonline.org/pb/assets/raw/sitewide/practice_guidelines/guidelines/substanceuse-watch.pdf USPTF Alcohol Misuse (2012): Screening and Behavioral Counseling Interventions in Primary Care https://www.uspreventiveservicestaskforce.org/Page/Document/UpdateSummaryFinal/alcohol-misuse-screening-and-behavioral-counseling-interventions-in-primary-care <p>Dementia/Neurocognitive Disorders</p> <ul style="list-style-type: none"> American Psychiatric Association (APA) Practice Guideline for Persons with Alzheimer’s disease and Other Dementias 2007/ Updated Guideline Watch 2014. http://psychiatryonline.org/pb/assets/raw/sitewide/practice_guidelines/guidelines/alzheimerwatch.pdf American Psychiatric Association (APA) Practice Guideline on the Use of Antipsychotics to Treat Agitation or Psychosis in Patients With Dementia, May 2016. https://ajp.psychiatryonline.org/doi/10.1176/appi.ajp.2015.173501 		

Depression

- American Psychiatric Association (APA) Practice Guideline for the Treatment of Patients with Major Depressive Disorder, Third Edition (2010)
https://psychiatryonline.org/pb/assets/raw/sitewide/practice_guidelines/guidelines/mdd.pdf
- U.S. Preventive Services Task Force (USPSTF) Screening for Depression in Adults: USPSTF Recommendation Statement, January 2016
<https://jamanetwork.com/journals/jama/fullarticle/2484345>

Smoking Cessation

- USPSTF Guidelines-Smoking Cessation (Adult), Sept 2015
<https://www.uspreventiveservicestaskforce.org/Page/Document/UpdateSummaryDraft/tobacco-smoking-cessation-in-adults-including-pregnant-women-interventions>
- USPSTF Guidelines-Smoking Cessation (Children & Adolescents), Aug 2013
<https://www.uspreventiveservicestaskforce.org/Page/Document/UpdateSummaryFinal/tobacco-use-in-children-and-adolescents-primary-care-interventions>

Pediatric

- APA Practice Parameter for the Assessment and Treatment of Children and Adolescents With Autism Spectrum Disorder (2014).
[https://www.jaacap.org/article/S0890-8567\(13\)00819-8/fulltext](https://www.jaacap.org/article/S0890-8567(13)00819-8/fulltext)
- Attention Deficit Hyperactivity Disorder (ADHD): Clinical Practice Guideline for the Diagnosis, Evaluation, and Treatment of ADHD in Children and Adolescents. American Academy of Pediatrics (2011).
<http://pediatrics.aappublications.org/content/early/2011/10/14/peds.2011-2654>
- AACAP Practice Parameter for the Assessment and Treatment of Children and Adolescents With Schizophrenia 2013
http://www.aacap.org/App_Themes/AACAP/docs/practice_parameters/Schizophrenia_Sept13.pdf

Cardiovascular

Date Adopted by QIC: 11/6/18

Re-Review Date: 11/6/20

Current Review Date:

Assessment of Cardiovascular Risk

- 2013 American College of Cardiology/American Heart Association (ACC/AHA) Guideline on the Assessment of Cardiovascular Risk: A Report of the ACC/AHA Task Force on Practice Guidelines. ACC/AHA (2013) <https://www.ahajournals.org/doi/abs/10.1161/01.cir.0000437741.48606.98>

Treatment of Blood Cholesterol to Reduce Atherosclerotic Cardiovascular Risk

- 2013 ACC/AHA Guideline on the Treatment of Blood Cholesterol to Reduce Atherosclerotic Cardiovascular Risk in Adults. ACC/AHA (2013).
<https://www.ahajournals.org/doi/abs/10.1161/01.cir.0000437738.63853.7a>

Management of High Blood Pressure

- 2014 Evidence-Based Guideline for the Management of High Blood Pressure in Adults Report From the Panel Members Appointed to the Eighth Joint National Committee (JNC 8)
<https://jamanetwork.com/journals/jama/fullarticle/1791497>

Management of Heart Failure

- 2017 ACC/AHA/HFSA Focused Update of the 2013 ACCF/AHA Guideline for the Management of Heart Failure. A Report of the American College of Cardiology/American Heart Association Task Force on Clinical Practice Guidelines and the Heart Failure Society of America
<https://www.ahajournals.org/doi/abs/10.1161/CIR.0000000000000509>








Endocrinology

Date Adopted by QIC: 11/6/18

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Current Review Date:

	<p>Standards of Medical Care in Diabetes Care</p> <ul style="list-style-type: none"> Clinical Practice Recommendations – 2018. Standards of Medical Care in Diabetes (Diabetes Care 2018, Volume 41, Supplement Diabetes – Mellitus (2014) https://professional.diabetes.org/content-page/standards-medical-care-diabetes/ <p>Comprehensive Type 2 Diabetes Management Algorithm</p> <ul style="list-style-type: none"> Consensus Statement by the American Association of Clinical Endocrinologists and American College of Endocrinology on the Comprehensive Type 2 Diabetes Management Algorithm - 2018 Executive Summary. https://www.aace.com/sites/all/files/diabetes-algorithm-executive-summary.pdf 		
<p>Infectious Diseases</p>	<p>Date Adopted by QIC: 11/6/18</p>	<p>Re-Review Date: 11/6/20</p>	<p>Current Review Date:</p>
	<p>Sexually Transmitted Diseases</p> <ul style="list-style-type: none"> Sexually Transmitted Diseases (STD) Treatment Guidelines, 2015. Centers for Disease Control and Prevention (2015) https://www.cdc.gov/std/tg2015/tg-2015-print.pdf <p>Tuberculosis</p> <ul style="list-style-type: none"> Official American Thoracic Society/Infectious Diseases Society of America/Centers for Disease Control and Prevention Clinical Practice Guidelines: Diagnosis of Tuberculosis in Adults and Children (2017) https://www.ncbi.nlm.nih.gov/pubmed/28052967 		
<p>Hepatology</p>	<p>Date Adopted by QIC: 11/6/18</p>	<p>Re-Review Date: 11/6/20</p>	<p>Current Review Date:</p>
	<p>Treatment Policy for the Management of Chronic Hepatitis C - Medi Cal</p> <ul style="list-style-type: none"> IDSA HCV Guidance Recommendations for Testing, Managing, and Treating Hepatitis C (2018). https://www.hcvguidelines.org/sites/default/files/full-guidance-pdf/HCVGuidance_May_24_2018b.pdf DHCS Treatment Policy for the Management of Chronic Hepatitis C (2018) https://www.dhcs.ca.gov/Documents/DHCS_Hep_C_Policy_7_1_18.pdf 		
<p>Nephrology</p>	<p>Date Adopted by QIC: 11/6/18</p>	<p>Re-Review Date: 11/6/20</p>	<p>Current Review Date:</p>
	<p>Chronic Kidney Disease</p> <ul style="list-style-type: none"> National Kidney Foundation: KDIGO 2012 Clinical Practice Guideline for the Evaluation and Management of Chronic Kidney Disease (2012). http://www.kdigo.org/clinical_practice_guidelines/pdf/CKD/KDIGO_2012_CKD_GL.pdf 		
<p>Obstetrics</p>	<p>Date Adopted by QIC: 11/6/18</p>	<p>Re-Review Date: 11/6/20</p>	<p>Current Review Date:</p>
	<p>Prenatal Care</p> <ul style="list-style-type: none"> Guidelines for Perinatal Care, 7th Edition. American Academy of Pediatrics Committee on Fetus and Newborn and American College of Obstetricians and Gynecologists (2012). http://www.circulomedicodezarate.org/e-books/Guidelines_for_Perinatal_Care.pdf Eighth Edition Available – No Access <p>Induction of Labor</p> <ul style="list-style-type: none"> Induction of Labor. ACOG Practice Bulletin No. 107. American College of Obstetricians and Gynecologists. Obstet Gynecol 2009; 113:748-61. https://www.mnhospitals.org/Portals/0/Documents/patientsafety/Perinatal/acog--practice_bulletin_107_2009.pdf <p>Cesarean Delivery</p> <ul style="list-style-type: none"> Safe Prevention of the Primary Cesarean Delivery. American College of Obstetricians and Gynecologists (2014). https://www.acog.org/-/media/Obstetric-Care-Consensus-Series/oc001.pdf?dmc=1 		

Perinatal Depression

- ACOG Screening for Perinatal Depression (2016).
<https://www.acog.org/-/media/Committee-Opinions/Committee-on-Obstetric-Practice/co630.pdf?dmc=1&ts=20150717T0708172581>

Late Pre-Term and Early-Term Deliveries

- Medically Indicated Late-Preterm and Early-Term Deliveries (2017).
<https://www.acog.org/-/media/Committee-Opinions/Committee-on-Obstetric-Practice/co560.pdf?dmc=1&ts=20151219T0215099943>

Pulmonology

Date Adopted by QIC: 11/6/18

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Asthma

- Global Initiative for Asthma (GINA) – National Heart, Lung, and Blood Institute (NHLBI) Global Strategy for Asthma Management and Prevention, 2018
<https://ginasthma.org/2018-gina-report-global-strategy-for-asthma-management-and-prevention/>
- 2018 Pocket Guide for Asthma Management and Prevention
<https://ginasthma.org/2018-pocket-guide-for-asthma-management-and-prevention/>

Chronic Obstructive Pulmonary Disease

- Global Strategy for the Diagnosis, Management, and Prevention of Chronic Obstructive Pulmonary Disease (2018 Report)
https://goldcopd.org/wp-content/uploads/2017/11/GOLD-2018-v6.0-FINAL-revised-20-Nov_WMS.pdf

Streptococcal Infection

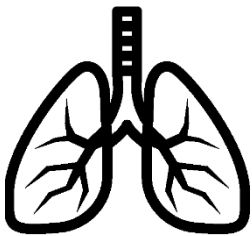
- Clinical Practice Guideline for the Diagnosis and Management of Group A Streptococcal Pharyngitis: 2012 Update by the Infectious Diseases Society of America.
<https://academic.oup.com/cid/article/55/10/e86/321183>

Smoking Cessation

- U.S. Preventive Services Task Force (USPSTF) USPSTF Guidelines-Smoking Cessation (Adult), Sept 2015.
<https://www.uspreventiveservicestaskforce.org/Page/Document/UpdateSummaryFinal/tobacco-use-in-adults-and-pregnant-women-counseling-and-interventions1?ds=1&s=smoking%20cessation>
- U.S. Preventive Services Task Force (USPSTF) Guidelines-Smoking Cessation (Child and Adolescent), August 2013.
<https://www.uspreventiveservicestaskforce.org/Page/Document/UpdateSummaryFinal/tobacco-use-in-children-and-adolescents-primary-care-interventions?ds=1&s=smoking%20cessation>

Pneumonia – Community - Acquired Pneumonia

- American Academy of Family Physicians (AAFP) Diagnosis and Management of Community Acquired Pneumonia in Adults, 2011.
<https://www.aafp.org/afp/2011/0601/p1299.pdf>
- Pneumonia in Adults: Diagnosis and Management in Adults, 2014.
<https://www.nice.org.uk/guidance/cg191/resources/pneumoniain-adults-diagnosis-and-management-35109868127173>
- Infectious Diseases Society of America (IDSA) – American Thoracic Society (ATS) Consensus Guidelines on the Management of Community-Acquired Pneumonia in Adults, 2007.
<https://www.thoracic.org/statements/resources/mtpi/idsaats-cap.pdf>





Preventive Health Guidelines & Clinical Practice Guidelines

Committee Chair Signature: _____

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