

CalOptima Medical Terminology

Term	Easily Understood Language (6th Grade)
ABILIFY	A drug commonly used to help improve a person's mood
ADDERALL XR	A drug commonly used to help a person who can't sit still or think before acting
ADJUSTMENT DISORDER	Mental problems caused by stress
ADOLESCENT	A teenager
AGGRESSION OR AGGRESSIVE BEHAVIOR	An act that is violent and cannot be predicted
AGORAPHOBIA	A condition when a person is afraid to be away from home
ALCOHOL ABUSE	A pattern of drinking that can cause problems in a person's life
AMBIEN CR	A drug commonly used to help a person sleep
ANTIDEPRESSANT	A drug commonly used to help a person feel less sad
ANTIPSYCHOTIC DRUG	A drug commonly used to help a person know what is real or not real
ANTISOCIAL BEHAVIOR	Acts that harm others or are against the law
ANTISOCIAL PERSONALITY DISORDER	A condition when a person harms others or commits crimes
ANXIETY	A feeling of fear or stress
ASPERGER'S SYNDROME	A condition that affects a person's social skills
ATTENTION DEFICIT DISORDER (ADD)	A condition when a person cannot focus on a task for very long
ATTENTION DEFICIT HYPERACTIVITY DISORDER (ADHD)	A condition when a person cannot focus on a task or sit still for long
AUTISTIC SPECTRUM DISORDER (ASD)	A group of conditions when a person has poor social skills and repeats actions
BEHAVIOR MODIFICATION	A method to help a person learn new things
BEHAVIORAL HEALTH HOME CARE TRAINING	A service that teaches a family to cope with one that may not act like others

BEHAVIORAL HEALTH LEVEL I	A place where a person lives and receives mental and physical health treatment
BEHAVIORAL HEALTH PERSONAL CARE SERVICES	A trained care giver to help a person with things done every day
BEHAVIORAL HEALTH SELF-HELP/PEER SUPPORT	A person who had a problem helps a person with the same problem get help
BEHAVIORAL HEALTH THERAPEUTIC HOME	A home with trained staff where a person lives and gets help with daily needs
BEHAVIORAL MANAGEMENT	Behavioral Health treatment helps with the way you act or react to people or events. Doctors or other clinical staff with special licenses helps with these types of issues. They work with you to find the services you need to help you get better. (6.4)
BEHAVIORS	Acts
BIOFEEDBACK	A special treatment to help a person control their thinking or reactions
BIPOLAR DISORDER	A condition causing big mood swings from happy to sad without reason
BUPROPION	Is a drug that is commonly used to help people feel less sad
CARBAMAZEPINE	Is a drug that is commonly used to help a person's moods
CARDIOLOGIST	Heart doctor
CASE MANAGEMENT	Is when a person with special training helps you set up services and support to reach your goals
CLONIDINE	Is a drug that is commonly used to help people who can't sit still, focus or think before they act
CLOZAPINE	Is a drug that is commonly used to help people who have trouble telling what is real and what is not
CONCERTA	Is a drug that is commonly used to help people who can't sit still, focus or think before they act
CONDUCT DISORDER	Is when youth run away, hurt others or break the law
CONVERSION DISORDER	

COUNSELING	Is a visit to a person with special training to help with mental health problems
CYMBALTA	Is a drug that is commonly used to help people feel less sad
DELUSION	Is an idea that is not real and the person still thinks it is real
DELUSIONAL DISORDER	Is when people's fixed false beliefs lead to problems in their daily lives
DEPAKOTE	Is a drug that is commonly used to help a person's moods
DEPLIN	Is a drug that is commonly used to help sad people who have too little folate in their bodies
DEPRESSION	Is when people feel so sad that they do not do well in their daily lives
DETOX FROM ALCOHOL	Is a special treatment to help a person safely stop drinking
DEXEDRINE SPANSULES	Is a drug that is commonly used to help people who can't sit still, focus or think before they act
DISRUPTIVE BEHAVIOR DISORDER, NOT OTHERWISE SPECIFIED	Is when a youth does not follow the rules and/or acts in a way that harms others
DYSTHYMIC DISORDER	Is when people feel very sad for at least one to two years. This leads to problems in their daily lives.
EATING DISORDER	Is when people have a problem with how they eat. This leads to problems in their daily lives.
ECT (ELECTROCONVULSIVE THERAPY) AKA SHOCK THERAPY	An electrical brain treatment. It is sometimes used to help people who are too sad or too happy.
EFFEXOR	A drug commonly used to treat depression (long times of sadness) and anxiety (feelings of fear and worry)
EVALUATION	Is a report by a person with special training
GENERALIZED ANXIETY DISORDER	Is when people worry all the time. This leads to problems in their daily lives.
GENERIC MEDICATION	Is a drug that does the same thing as a brand name and costs less

GEODON	Is a drug that is commonly used to help people who have trouble telling what is real and what is not
GUIDELINES (MEDICAL NECESSITY CRITERIA)	Are the rules that are followed to make payment decisions
HCTC (HOME CARE TRAINING TO HOME CARE CLIENTS)	Is a special home setting for mental health treatment
HIGH BLOOD PRESSURE AKA HYPERTENSION	Is when a person's blood pressure is above normal
HISTRIONIC PERSONALITY DISORDER	Is when people are very emotional or dramatic. This leads to problems in their daily lives.
IDEATION, SUICIDAL	Is when a person thinks about killing him or herself
IMPULSE CONTROL	Is when a person does not act without thinking first
IMPULSE CONTROL DISORDER	Is when people act before they think and it leads to problems for them or others
INDIVIDUAL THERAPY	Is a visit to a person with special training to help with mental health problems
INPATIENT PSYCHIATRIC RESIDENTIAL TREATMENT CENTER (AVAILABLE TO TITLE XIX MEMBERS UNDER 21 YEARS OF AGE)	This is a type of in-patient facility. The facility has a special license from the Arizona Department of Health Services (ADHS) to treat behavioral health issues. Behavioral Health treatment helps with the way you act or react to people or events. In-patient means that the member stays in the facility for a determined amount of time. A doctor decides how long the member will stay in the facility. The member is under the care of a doctor during this time. The doctor helps create a plan to see what services the member needs in order to get better. The doctor also over-see the care given to the member during this time. (7.8)
INSTITUTION FOR MENTAL DISEASE (IMD)	This is an institutional type of placement. These facilities have a special certification from the Arizona Department of Health Services (ADHS). They are monitored by the Department of Economic Security (DES). This is to make sure the facility provides healthcare. It also makes sure people who stay in the facility have a safe place to live. These facilities provide the services people need to help them get better. In this setting, members are watch more closely than if lived at their own home. (7.7)

INTERMEDIATE CARE FACILITY FOR THE MENTALLY RETARDED (ICF/MR)	A healthcare institution, Medicaid certified through ADHS and monitored by the DES whose purpose is to provide health, habilitative and rehabilitative services to those with developmental disabilities
INTERMITTENT EXPLOSIVE DISORDER	Is when a person has severe temper outbursts. This can harm others or property.
INTUNIV	Is a drug that is commonly used to help people who can't sit still, focus or think before they act
LAMOTRIGINE	Is a drug that is commonly used to help a person's moods
LEVEL II BEHAVIORAL HEALTH	Licensed by Arizona Department of Health Services (ADHS). A HCB alternative residential behavioral health treatment setting for individuals who do not require the intensity of services or onsite medical services found in a Level I facility.
LEVEL III BEHAVIORAL HEALTH FACILITY	This is a type of living residence, or home. These homes have a special license from the Arizona Department of Health Services (ADHS). The home can provide a place for people with behavioral needs to live where they can be watched and cared for 24 hours a day. Specially trained staff makes sure these people can stay safe. (6.1)
LEXAPRO	A drug commonly used to treat depression (long times of sadness) and anxiety (feelings of fear and worry)
LITHIUM	Is a drug that is commonly used to help a person's moods
MAJOR DEPRESSIVE DISORDER	Is when people feel very sad for at least two weeks. This leads to problems in their daily lives.
MEDICATION MONITORING	Is a visit with a doctor to check how a person's drugs are working
MOOD DISORDER	Is when a person's mood is not normal and it causes them problems in life
MOOD WWINGS	Is when a person's mood does not stay within a normal range
MULTI-SYSTEMIC THERAPY (MST)	Is a special treatment to help children and their families
NARCISSISTIC PERSONALITY DISORDER	Is when people think they are more special than others. This leads to problems in their daily lives.

NEUROLOGIST	A special doctor that treats brain and nerve problems
NEUROPSYCHOLOGICAL ASSESSMENT	Is special testing to find out how a person's brain is working
NURSE PRACTITIONER	Is a nurse with special training who can prescribe drugs
OBSESSIVE COMPULSIVE DISORDER	Is when people think and/or act the same way, over and over again. This leads to problems in their daily lives.
OPPOSITIONAL DEFIANT DISORDER	Is when youth have temper tantrums and does not follows the rules. This leads to problems in their daily lives.
PAIN DISORDER	Is when people have pain in one or more place that leads to problems in their daily lives
PANIC DISORDER	Is when people have sudden anxiety for no reason. This leads to problems in their daily lives.
PANIC DISORDER WITH AGORAPHOBIA	Is when people have sudden anxiety for no reason and don't want to leave home. This leads to problems in their daily lives.
PAROXETINE (PAXIL)	Is a drug that is commonly used to help people feel less sad
PARTICIPATED	Came to a visit/session
PERVASIVE DEVELOPMENTAL DISORDER	Is when people have problems with how they talk and interact with others. This leads to problems in their daily lives.
POSTTRAUMATIC STRESS DISORDER	Is when a life-threatening event upsets people so much they think about the event a lot. This leads to problems in their daily lives.
PROFESSIONAL	Is a person with special training to provide a service
PSYCHIATRIC EVALUATION	Is a report by a doctor who treats mental health problems
PSYCHIATRIST	Is a doctor that treats mental health problems
PSYCHIATRY	Is the study of mental disorders
PSYCHOLOGICAL EVALUATION	Is special testing to find out about a person's problems and how they are doing
PSYCHOLOGIST	Is a person with special training in mental health tests and counseling
PSYCHOSEXUAL EVALUATION	Is an assessment of a person's thoughts and acts about sex
PSYCHOTIC EPISODE OR PSYCHOSIS	Is when a person has trouble telling what is real and what is not
REACTIVE ATTACHMENT DISORDER	Is when early abuse or neglect does not let a person be close to or get along with others

RECOVERY	Is the process of getting better
RESIDENTIAL TREATMENT CENTER (RTC)	Is a special place where a child lives, goes to school and gets mental health treatment
RISPERDAL CONSTA	Is a drug that is commonly used to help people who have trouble telling what is real and what is not
RITALIN LA	Is a drug that is commonly used to help people who can't sit still, focus or think before they act
SCHIZOAFFECTIVE DISORDER	Is when people have problems with their thinking and moods. This leads to problems in their daily lives.
SCHIZOPHRENIC DISORDER	Is when people have problems with their thinking. This leads to problems in their daily lives.
SEIZURE	Is when the brain briefly does not work right. This may cause problems with awareness, memory and movements.
SEPARATION ANXIETY DISORDER	Is when children are very nervous to leave a parent or caregiver. This leads to problems in their daily lives.
SEROQUEL (QUETIAPINE)	Is a drug that is commonly used to help people who have trouble telling what is real and what is not
SERTALINE (ZOLOFT)	Is a drug that is commonly used to help people feel less sad
SEXUALLY INAPPROPRIATE BEHAVIOR	Is a sexual act that is not normal for a person's age
SUBSTANCE ABUSE	Is when people misuse a drug. This leads to problems for them or others.
TENEX (GUANFACINE)	Is a drug that is commonly used to help people who can't sit still, focus or think before they act
THERAPEUTIC GROUP HOME (TGH)	Is a special group home where people go for mental health treatment
TOPAMAX	Is a drug that is commonly used to stop brain activity that causes seizures
TRILEPTAL	Is a drug that is commonly used to stop brain activity that causes seizures
VALPROATE	Is a drug that is commonly used to help a person's moods
VYVANSE	Is a drug that is commonly used to help people who can't sit still, focus or think before they act
ZOLOFT	A drug commonly used to treat certain mood conditions
ZYPREXA (OLANZAPINE)	Is a drug that is commonly used to help people who have trouble telling what is real and what is not